

Contents

Introduction.....	7
Initial Judgments.....	9
Judgment – Good or Bad?.....	15
Fear of Judgment.....	21
Judgment of Leaders.....	27
Judgment for Your Occupation.....	33
When Judgment Leads to Jealousy.....	39
Judgment by Association.....	45
False Judgment.....	53
Judgment for Past Mistakes.....	59
Drawing the Line of Judgment in the Church.....	65
Judgment for Having a Disability.....	71
Self-Judgment.....	77

Introduction

As an author, I have discovered that there are three good reasons to write a book. One, you feel inspired and it just comes to you and flows from your fingertips. Two, you have information to share with the world based on your knowledge, life experience, or expertise. Three, you're looking for information and can't find it yourself. You decide to do the research and write it down to share with the world. You know that if you were looking for it, others must be also. I wrote this book for all three of these reasons.

I have been through some tough challenges where judgment was a prominent part of the test I faced. I felt inspired one night to write this book as it came flooding into my head. It felt like God was telling me to use my life experience and share it with the world.

Also, I have been in numerous Bible study groups in my lifetime. I crave the kinds of lessons that make you look at your own life and talk about your current journey while finding inspiration and life lessons from the Bible.

As a Recreation Therapist, I have written several books for counselors. These books are filled with activities, and each activity is followed with a list of questions to help people open up and share with each other in a group setting. Writing Bible study lessons with questions seemed to come naturally to me. Still it's true that I'm not a prominent theologian. So I'm not going to give you the answers to the questions. What I will do is point you to Bible stories that can give you inspiration and open up discussion about the tough topic of *judgment*.

My hope in sharing these lessons with you is that they will inspire you to look at your own life and the world around you through different eyes. That you think about the role judgment plays as a part of every encounter you have with the world around you. Everyone views the world differently based on their own life experiences, and it isn't always easy to look at things through the eyes of someone else. Maybe you will relate with most of the stories and lessons in this book

and maybe sometimes you will stop and look at the world in a little different way. I pray that God will speak to each of you in a unique way so that you can get the inspiration meant for you from each lesson.